



# MEDICATION USAGE INSTRUCTIONS

## How to Use Eye Drops Properly

- 1** Wash your hands well with soap and water.



- 2** If you wear glasses or contact lenses, remove them.



- 3** If instructed by your pharmacist or doctor, gently shake the bottle for 10 seconds.



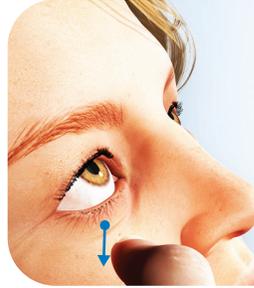
- 4** Remove the cap from the eye drop bottle. Make sure nothing touches the tip of the container.



- 5** Tilt your head back, or lie down.



- 6** With your eyes open, place a finger just under your eye and gently pull the lower lid down to form a pouch.



- 7** Hold the eye drop bottle near the eyelid. Ensure the dropper does not touch the eye or other surfaces.



- 8** Look up towards the ceiling to help prevent blinking. Instill one drop into the pouch.



- 9** Keep your eyes closed for 2-3 minutes. Do not squeeze your eyelids together or rub your eyes; this could push the drops out.



- 10** Wipe any excess liquid from your face with a tissue.





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- 11** If you are to use more than one drop in the same eye, wait at least 5 minutes before instilling the next drop. This will keep the first drop from being washed out by the second before it has had time to work.
- If you are using another type of eye drop medication, wait 10 minutes before instilling it



- 12** Replace and tighten the cap on the dropper bottle. Do not touch, wipe or rinse the dropper tip.



- 13** Wash your hands to remove any medication.

